



Sand Creek Athletics

2024 Fall Sports Season

Athletic Director, Mario Romero

Athletic Secretary, Barbara Johnson

Email: mario.romero@d49.org

Phone: (719) 495-1178

(719) 828-4969

Introductions

- Athletic Trainer: Jared Bonack
- Fall Head Coaches:
 - Cross Country - Marc Hensley
 - Cheer – Taylor Clark
 - Football – Eric Mitchell
 - Boys Golf- Nate Wood
 - Boys Soccer- Gregg Braha
 - Softball – Kori Harris
 - Boys Tennis – Rachel Thomas
 - Volleyball – Merissa Fleming





Eligibility Rules

- 2024-2025 Eligibility:
 - Every student must be enrolled in at least five classes:
 - May fail no more than one class
 - Athletes failing one class remain eligible on a probationary basis:
 - Must be passing all classes upon next cycle or deemed ineligible
 - 2+ F grades at any time = immediately determined ineligible



Eligibility Rules

- Eligibility Enforcement:
 - Official grade postings occur every other Monday @ 10:00 a.m.
 - **First Grade Pull is August 19th**
- A student-athlete who becomes ineligible 3 times during one season will be permanently dismissed from that activity.
- Student-athletes must be in attendance for half of their scheduled classes in order to participate in that day/evening activity.

TEACHER MUST INITIAL NEXT TO THE APPROPRIATE LINE:

- _____ An error in reporting or omission of reported grade was made. The student has a passing grade.
- _____ Due to an excused absence(s) before the grade was submitted, the athlete was failing. Since that time, the athlete has made up that work and is presently passing.
- _____ Student made up work with their teacher or attended after school tutoring to make up their work. **TO BE USED BY STUDENTS WHO ARE CURRENTLY FAILING ONLY 1 CLASS.**
- _____ None of the boxes above apply. The grade reported was failing on the date submitted and the student is still ineligible.



uchealth

Jared Bonack, MS, LAT, ATC

Rebecca L. Logan, DO

UCHealth at Sand Creek

- **Jared Bonack, MS, LAT, ATC**
 - Sand Creek Athletic Trainer
- **Rebecca L. Logan, DO**
 - Highlands Ranch Urgent Care
 - Football Sideline Coverage
- **Nicholas A. Piantanida, MD**
 - Sports Family Medicine
 - Lake Plaza
- **Karl Reisig, MD**
 - Sports Family Medicine
 - Interquest



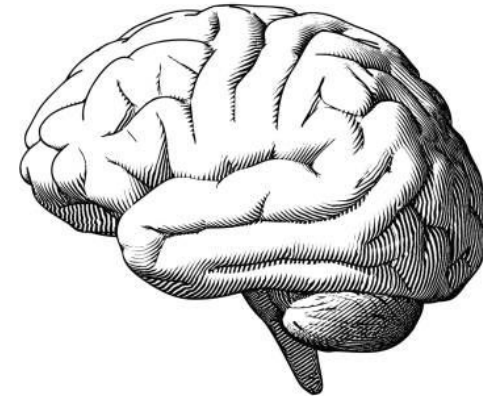
Athletic Trainer Role

- Full-time medical coverage at Sand Creek
- Orthopedic Injury
 - Examination
 - Rehabilitation
 - Referral
 - Prevention
- Access to Epic via UCHealth
 - Document in student's Epic records
 - Schedule appointments



Concussion Protocol

- Sway Medical (app-based)
- Return-to-Learn
- 6-Step Return-to-Play
- Concussion Assessment Program (CAP)
- Three A's of sport concussion care

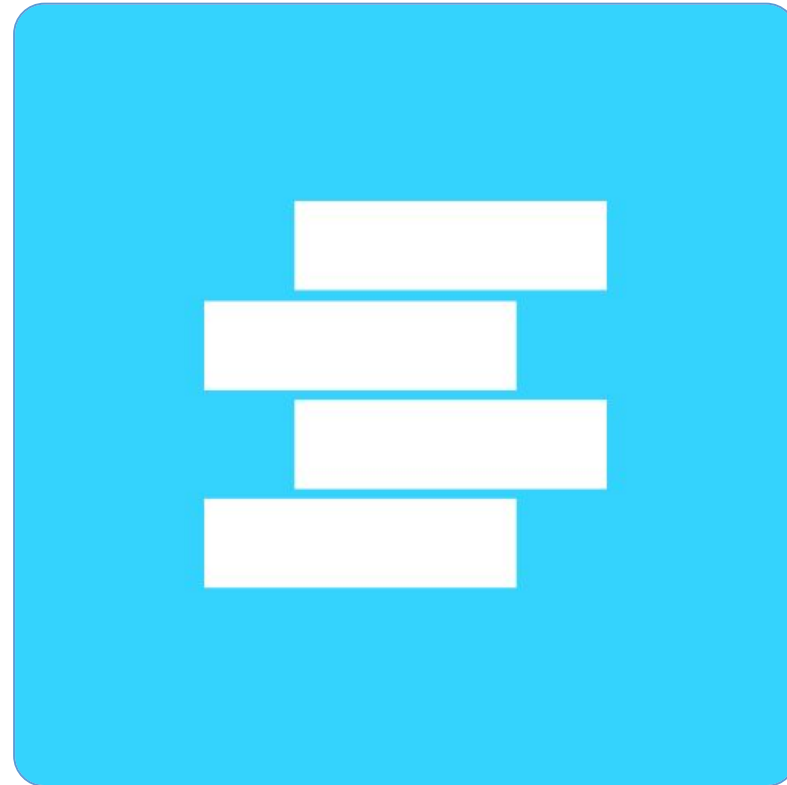


Three A's of Sport Concussion Care

- **AWARENESS**
 - Ensuring information is accessible and easy to understand
- **ACCESS**
 - CAP
 - Rapid scheduling of care
- **ANSWERS**
 - Access to information

SWAY Medical

- App-based baseline testing and follow-up testing
- 6 Steps of testing
 - Symptoms
 - mBESS (Balance)
 - Inspection Time
 - Reaction Time
 - Impulse Control
 - Memory



Contact Information

- Email
 - Jared.Bonack@uchealth.org
- TeamReach App
 - Group Code: ATROOM



Emergency Procedures

- **Lightning Strike:**

- 30 minutes from last strike; time will restart with each new occurrence
 - Bleachers/field must be evacuated and players/fans will be moved indoors to the school or asked to go to their cars

- **Severe Weather:**

- Coaches will keep athletes and release to parents

- **School Cancellation:**

- Contests & practices will be canceled.

Complaint Procedures



Civil communication is the key to any resolution

- **Step 1:**
 - Athletes must self-advocate:
 - Discuss their concerns with their coach
- **Step 2:**
 - Parents discuss the issue(s) with the coach if issue(s) persists:
 - 24-hour rule- following an athletic event-related issue, the parent/guardian must wait 24 hours prior to addressing the coach.
 - If the issue involves an assistant coach, the head coach must be involved



Complaint Procedures

- **Step 3:**
 - The Athletic Director will be notified and a meeting will be conducted involving relevant parties (athlete, parent/guardian, and coach):
 - Step 3 only occurs if resolution from step 2 cannot be reached
- **Step 4:**
 - Parent/student-athlete meeting with the athletic director & campus director (Amy Sanchez-Martinez)
- **Final Step:**
 - If the parent is not satisfied (per steps 1-4), a stakeholder grievance may be submitted with D49.
 - Each meeting will be documented
 - Playing time will not be discussed

Fan Expectations During Games



- **Cheer proudly for our team**
- **Refrain from making comments toward players and coaches from opposing team**
- **Respect officials/referees**
- **If dismissed from a game, you will be suspended from attending games for the remainder of the year.**
- **Refrain from coaching from the stands.**

Communication

- **CSMLeague.org**
 - Sand Creek
- **HUDL**
- **Email**





CALENDAR

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Today

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March 2018 ▾

Week

Month

Tuesday, March 6, 2018

TIME	EVENT	DETAILS
7:30am- 12:00pm	8th Grade Introduction (Cancelled) <i>Event starts: 8:00am Needed: Auditorium - Overhead, microphone, screen</i>	SCHS - AUDITORIUM, SCHS - COMMONS
2:40pm- 4:00pm	Girls Golf Practice	SCHS - Field house - Classroom
2:45pm- 6:00pm	ROTC - Drill Team Training	SCHS - FIELD HOUSE
3:00pm- 5:00pm	Football - Weights	Weight Room
3:00pm- 4:00pm	GSTA Club	Room 109
3:45pm	Tennis: Girls Varsity Match	vs. Cheyenne Mountain @Sand Creek High School
5:00pm- 7:30pm	Parent Academy <i>Event starts: 6:00pm Needed:</i>	Room 155
5:00pm- 8:00pm	Winter Color Guard	SCHS - FIELD HOUSE
5:30pm- 7:30pm	BOYS BBALL OPEN GYM	SCHS - MAIN GYM (Large)
5:30pm- 8:30pm	HMS - Play Dress Rehearsal	Band room, SCHS - AUDITORIUM
5:30pm- 7:30pm	SPED <i>Event starts: 6:00pm Needed: overhead projector, screen</i>	Library


Wednesday, March 7, 2018

TIME	EVENT	DETAILS
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 COLLAPSE MENU SEARCH

GO

MARCH 2018 ▾						
SU	MO	TU	WE	TH	FR	SA
25	26	27	28	1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31
1	2	3	4	5	6	7

 VIEW SCHEDULES GET THE MOBILE APP NOTIFY ME ADVANCED VIEW REPORT LOGIN

FEES for SPORTS

Baseball	\$225.00
Basketball	\$225.00
Cheer - Boys	\$970.00
Cheer - Girls	\$1,475.00
Cross Country	\$175.00
Football	\$225.00
Golf	\$225.00
Soccer Boys/Girls	\$200.00
Softball	\$225.00
Tennis	\$175.00
Track	\$175.00
Volleyball Boys/Girls	\$225.00
Wrestling	\$225.00

Fees Continued...



- Pay to play
- Payment plans can be arranged
- Full payment must be completed by the end of the season
- Please make payment with Barb Johnson in the athletics office

Team Meetings

- Football - Auditorium
- Boys Soccer - The Commons
- Softball - Rm. 169
- Cross Country - Rm. 155
- Boys Golf - Field House
- Volleyball - Rm. 172
- Boys Tennis - Rm. 143
- Cheer - Library

Fees: See Barb Johnson in the athletic office to pay fees



THANK YOU!

